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18th Dec. 25

(Japanese expression ver.)

「お宝はどん底にしか転がっていない…」

(English expression ver.)

“If you want to get treasure, go to a bottom ASAP…”



(Japanese expression ver.)

「お宝はどん底にしか転がっていない…」

「うつ病が直って♪余裕のよっちゃん♪になったからそう言うのかもしれないが、うつ病はいっその事、成る丈早くどん底まで落ちた方が直りが早いと思うよ。

なまじの対症療法で中途半端に回復すると寛解がどんどん遠のいていく。

一刻も早く元に戻ろうとして、焦りから、中途半端なところで手を打っての回復が一番よくない。却って回復をどんどん遅らせる元だ。対症療法では根治してないから、何度も再発して、回復がドンドン遅れていく。

だったらいっその事、ドン底迄行って開き直り、別の方向に向かって歩き出した方が、却って治りが早い」

「お前さん、そんなこと出来る訳ないじゃないの。怖くって…」

「確かに、其れは言えるかもしれんな。

俺の場合、否応なく、ドン底に真っ逆さまな羽目に「なっちゃった」んだしな。

うつ病で降格、左遷、リストラ、たらい回し、離婚、家庭崩壊。

そのうつ病の最中に、オヤジはアルツハイマー、お袋は植物人間状態、介護する俺はうつ病。だったがムスコの学費は払わなきゃならない。

此処までくりゃ嫌でも人間、開き直るわな。

カッコよく言えば♫不条理が人間を育てる♫とでも申しましょうか…」

「ん？♫不条理がキチガイ？間違い？場違い？を生み出す♫じゃなくて？」

「ねえさん、そりゃチャイまんガナ。♫不条理（ふじょうり）が勘違いを生み出す♫で、おまんがな」

「あれだけの苦労にも拘らず、やはり、世間の無理解は甚だしいというか、世間の評価はキビシイというか…こういう時に心の支えになるのは矢張り何と言っても、美人局（つつもたせ）基、気保たせ（きもたせ）になるのは、矢張り何と言っても♫ドスケベ街道まっしぐら♫だけだわ、ホント…

寂しい限りだが、一方では♫嬉し、恥ずかし、現世♫だわ…なにはなくとも、垂涎の的のう、生唾、ごつくン…

フム、フム」

(English expression ver.)

“If you want to get treasure, go to a bottom ASAP…”

“It might be, I can say below because of getting allowance after getting well from mental disease, “Mental disease, go to a bottom ASAP, is better might it be a, something, it might to be a right, to might it be…”

By not enough level symptomatic treatment, trying to pass mental disease through, vasa versa, it might get turned to invite kicking perfect recovery from mental disease out, be getting it delayed.

Due to ASAP returning to previous position, from in panic, not enough, on the half way recovery, it`s the worst treatment. It, oppositely, merely only get recovery delayed. Even though by symptomatic treatment mental disease never can be stopped from the cause, repeatedly will get reattacking, will pass the recovery more and more later only.

If it`s so, on purpose, falling down into the bottom, becoming defiant, turning to other direction, starting to walk, is more better to get a recovery from mental disease, I think.”

“Hey you, Darling, it`s never can have done it, because of from fear!!”

“It might be sure.

In my case, no time to select agree or not agree, had done a falling into thus situation merely, only.

From mental disease, position rank down, restructured, toss-pass joker card treated, divorced, family collapsed…

During thus mental disease condition, mental disease own me had to take care of Alzheimer`s disease father and no consciousness from failure of organ brain surgery

operation, mother, and had to pay son`s school fee.

Reaching to above thus, anyone becomes defiant. "Hey come on!! Treat me cherishing!! Any curved ball I`ll receive it!! Because I`m catcher mitt!!

With stylish saying, ♪absurd one (=irrational one, unreasonable one) grows human up ♪, like thus proverb...

"N? ♪absurd one makes abnormal one, allergy one, appetite one, ♪ not it that?"

"Non no!! madam Poholo Sir!! ♪absurd makes ugly one ♪ is correct."

"Despite of, that huge amount of "hard events", or no understandable one from society, or severe evaluation from society...in this situation, ♪you are my sunshine, my only sunshine, you make me happy, when sky is the gray ♪ is ♪Only, you!! ♪, pervert way, is only!!

Bravo!! Smile!! Will swallow fresh saliva...hm, hm"